

REC CENTER GUIDELINES FOR REOPENING FITNESS CLUB CLASSES:

Here are the specifics regarding the reopening of all Fitness Club classes. These rules were formulated by the Rec Center Board, following guidelines set by the AZ Department of Health Services. **Rec Center staff will be closely monitoring all classes. Each class member is responsible for their own behavior. Failure to comply will result in class closure.**

- Maximum 35 students per class. This will be done on a 1st-come, 1st-serve basis.
- Masks must be worn before, during and after class. No exceptions! (See water class below).
- Water classes do not have to wear masks in the pool but must put them back on whenever leaving the pool, including going to the locker room during class.
- Social distancing (6 ft rule) strictly enforced before, during and after class.
- Classes restricted to Fitness Club members only please bring your membership card; no guests allowed until further notice.

The land classes exercise area will be sanitized between each class. Because of this, each class will last 45 minutes, with a 15 minute check in before class. Water classes will last the usual times.